



Cruise Packing Checklist

Pack for your itinerary, trip length, planned activities, and laundry options. Cross out items you do not need and add quantities where helpful.

Traveler: _____ Dates: _____ Nights: _____

Keep original travel documents, medication, valuables, and items needed before your luggage arrives with you.

Documents and money

- ☐ Passport book or other required originals
- ☐ Government-issued photo ID, if required
- ☐ Visas and entry or transit authorizations
- ☐ Boarding pass and cruise confirmation
- ☐ Airline, hotel, and transfer confirmations
- ☐ Excursion tickets and meeting details
- ☐ Required documents for children
- ☐ Insurance and assistance information
- ☐ Emergency contact list
- ☐ Secure backup copies of documents
- ☐ Primary payment card
- ☐ Backup payment method, kept separately
- ☐ Small bills and local currency as needed

Boarding day carry on

- ☐ Phone and charging cable
- ☐ Essential medication and medical supplies
- ☐ Change of clothes and underwear
- ☐ Swimsuit and cover-up, if wanted
- ☐ Sunscreen, sunglasses, and sun hat
- ☐ Valuables and fragile electronics
- ☐ Children's immediate needs
- ☐ Reusable water bottle, empty for screening

Health and personal needs

- ☐ Prescriptions in original labeled containers
- ☐ Permitted extra medication for delays
- ☐ Medication list and prescription details
- ☐ Usual nonprescription medicines, if appropriate
- ☐ Motion sickness supplies advised for you
- ☐ Bandages, blister care, and basic first aid
- ☐ Glasses, spare glasses, or contacts
- ☐ Contact lens case and solution
- ☐ Hearing aids and charging supplies
- ☐ Dental appliances and cleaning supplies
- ☐ Medical devices and required accessories
- ☐ Mobility aids and charging supplies

Toiletries

- ☐ Toothbrush, toothpaste, and floss
- ☐ Deodorant
- ☐ Shampoo, conditioner, and body wash
- ☐ Hairbrush or comb and hair ties
- ☐ Shaving and grooming supplies
- ☐ Skin care, moisturizer, and lip balm
- ☐ Makeup and remover, if used
- ☐ Menstrual or personal hygiene supplies
- ☐ Hand sanitizer and tissues
- ☐ Sunscreen and insect repellent as needed

Confirm medication import rules and device arrangements, including CPAP power and distilled water, before departure.

Current guidance: [CDC cruise travel health guidance](https://www.cdc.gov/cruise-travel-health-guidance) | [U.S. Department of State travel checklist](https://www.state.gov/travel-checklist)



Cruise Packing Checklist

Clothing and useful everyday items

Choose pieces that work together. Check the dress code and what your specific cabin provides before adding extras.

Everyday clothing

- ☐ Underwear and bras
- ☐ Socks
- ☐ Sleepwear
- ☐ T-shirts and casual tops
- ☐ Shorts
- ☐ Pants or jeans
- ☐ Casual dresses or skirts, if worn
- ☐ Swimsuits
- ☐ Swim cover-ups or rash guards
- ☐ Workout clothing
- ☐ Sweater, cardigan, or light jacket
- ☐ Rain jacket or compact umbrella

Evening and special occasions

- ☐ Dinner outfits that meet the dress code
- ☐ Dress shirt or blouse
- ☐ Dress pants, skirt, or dress
- ☐ Jacket and tie, if needed or preferred
- ☐ Belt and selected accessories
- ☐ Theme-night or celebration outfit, optional

Footwear

- ☐ Comfortable walking shoes
- ☐ Sandals or flip-flops
- ☐ Dinner shoes, if needed
- ☐ Activity-specific or water shoes
- ☐ Supportive insoles, if used

Electronics

- ☐ Phone and compatible charger
- ☐ Cruise-line-permitted USB charger
- ☐ Permitted plug adapter, if needed
- ☐ Charging cables for each device
- ☐ Power bank that meets carrier rules
- ☐ Headphones or earbuds
- ☐ Camera, memory cards, and charger
- ☐ E-reader or tablet, if wanted
- ☐ Watch and charger, if needed
- ☐ Offline copies of maps and reservations

For flights, spare lithium batteries and power banks belong in carry-on baggage. Remove them if a bag is gate-checked, protect terminals, and check airline limits.

Current guidance: [FAA battery packing rules](#)

Optional cabin and organization items

- ☐ Packing cubes or organizers
- ☐ Laundry bag and wet bag
- ☐ Small travel detergent, if useful and allowed
- ☐ Cruise luggage tags or tag holders
- ☐ Card holder or lanyard, if useful
- ☐ Sleep mask and earplugs
- ☐ Book, journal, or small travel game
- ☐ Pen
- ☐ Reusable shopping tote

Check before packing power strips, extension cords, multi-outlet adapters, fans, irons, or steamers. Rules differ by line; a product labeled "cruise safe" may still be prohibited.

Examples of line-specific rules: [Royal Caribbean prohibited items](#) | [Carnival prohibited items](#)



Cruise Packing Checklist

Shore days and optional travel needs

Use only the sections that fit your travelers and destinations.

Shore excursions and beach days

- ☐ Small backpack or crossbody bag
- ☐ Ship card and required shore documents
- ☐ Port agent details and return time
- ☐ Excursion confirmation and meeting point
- ☐ Water bottle
- ☐ Sun hat and sunglasses
- ☐ Sunscreen that meets destination rules
- ☐ Water-resistant pouch or dry bag
- ☐ Swimwear, cover-up, and dry clothing
- ☐ Towel, if not supplied
- ☐ Snorkeling or activity gear, if needed
- ☐ Modest clothing for religious sites

Alaska and cooler climates

- ☐ Base layers
- ☐ Fleece or warm middle layer
- ☐ Waterproof outer layer
- ☐ Warm hat and gloves
- ☐ Warm socks
- ☐ Water-resistant walking shoes or boots
- ☐ Binoculars, if wanted
- ☐ Daypack rain cover, if useful

My extra items

Babies and children if applicable

- ☐ Required individual travel documents
- ☐ Diapers, wipes, and changing supplies
- ☐ Formula or feeding supplies, if needed
- ☐ Bottles or cups
- ☐ Permitted sealed snacks or baby food
- ☐ Child-appropriate medicine already used
- ☐ Sun hat and protective swim clothing
- ☐ Extra clothes in the carry-on
- ☐ Favorite comfort item
- ☐ Small toys, books, or activities
- ☐ Stroller or carrier, if useful
- ☐ Car seat for transfers where needed

Confirm supplied cribs, food arrangements, transfer restraints, and pool or swim-diaper rules with the providers before packing.

Before closing your bags

- ☐ Recheck cruise and airline restricted items.
- ☐ Check baggage size, weight, and fees.
- ☐ Check flight screening rules for liquids.
- ☐ Put medication and valuables in carry-on.
- ☐ Follow current battery carrying rules.
- ☐ Label bags with suitable contact details.
- ☐ Leave space for purchases.
- ☐ Keep the trip-home essentials accessible.

Review beverage, food, cannabis and CBD, vape, drone, and electrical-item rules before bringing any of these. Permission at home does not establish permission on board or in port.

Have a packing question? Visit jkatravel.com.